

SECOND

International Congress on Sports Cardiology  
and Preventive Cardiovascular Medicine



# SPORT & HEART

...from science to clinical practice...

Chairman, Luigi Sciarra

ROME

2026

november 19<sup>th</sup>/20<sup>th</sup>/21<sup>th</sup>

CONGRESS  
VENUE

Roma Eventi  
Piazza di Spagna  
Via Alibert, 5/a

FIRST  
ANNOUNCEMENT

**Chairman**

**Luigi Sciarra**

**Organizing  
secretariat**

**Silvio Romano, Antonio Scarà,  
Alessio Borrelli**

**Scientific  
Committee**

**Paolo Emilio Adami, Elena Cavarretta, Flavio  
D'Ascenzi, Antonio Dello Russo, Gherardo  
Finocchiaro, Fabrizio Ricci, Alessandro Zorzi**

# TOPICS

- Sudden cardiac death prevention in sports
- The "Italian preventive system" and International Guidelines
- Exercise in preventive cardiology and in cardiovascular disease
- Obesity
- Diabetes and Hypertension
- Dyslipidemia
- Cardiovascular risk and physical activity
- Artificial intelligence and sports cardiology
- Drugs, doping and sport
- Sport and disability
- Anticoagulation and sport
- Young and master athletes
- Sport and arrhythmias
- Genetics in sports cardiology
- Valvular and coronary diseases
- Cardiomyopathies
- Non-invasive and invasive electrophysiology
- ECG interpretation in sports cardiology
- Cardiovascular imaging and sport
- Remote monitoring and Sport
- Sport and implantable electronic devices

**ORGANIZING  
SECRETARIAT  
AND PROVIDER**

## **CONGRESS LINE**

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